

DoD/VA Post-Deployment Health Evaluation and Management Clinical Practice Guideline
PROVIDER REFERENCE CARD

Key Elements

**Identify if health concerns are related to deployment
(first visit)**

- ▶ Ask screening questions: *Deployment related? Yes/No/Maybe.*
- ▶ Establish partnership with patient (risk communication).
- ▶ Evaluate patient.
- ▶ Document post-deployment concern in chart and code ADS.
- ▶ After visit, research exposure/concern; consult www.pdhealth.mil.

**Triage patients and seek to reach a working diagnosis
(follow-up visit)**

- ▶ Perform evaluation of history, ancillary tests, assessments, records.
- ▶ Identify the type of patient's problem:
 - Asymptomatic with concern (algorithm box 9).
 - Unexplained symptoms (algorithm box 14).
 - Established diagnosis for the concern (algorithm box 29).

Manage asymptomatic patients with health concerns

- ▶ Provide reassurance and education (risk communication).
- ▶ If concern persists, re-evaluate and consider consults.

Manage patients with established diagnosis

- ▶ Document diagnosis.
- ▶ Identify appropriate disease management guideline.
- ▶ Initiate appropriate treatment plan.
- ▶ Provide patient education.
- ▶ Collaborate with DHCC as indicated.
- ▶ Follow-up with patient per disease-specific guideline or as appropriate.

Manage patients with unexplained symptoms

- ▶ Re-evaluate data; consult with colleagues.
- ▶ Reinforce patient-clinician relationship.
- ▶ Provide information about unexplained symptoms.
- ▶ If acute or progressive symptoms, do additional ancillary studies.
- ▶ Consider specialty and/or second opinion consults and referrals.
- ▶ Consider collaboration with DHCC via phone, e-mail or www.
- ▶ Follow-up with patient as indicated.
- ▶ Monitor changes in status.